

From: Leslie Judd
Sent: Friday, September 14, 2018 3:40 PM
To: Leslie Judd <ljudd@irsc.edu>
Subject: Clark news for the week ending 9/14/18

Gratitude!

To the **King family** for staff breakfast!

For bingo night donations from the following families: **Nauss, Elliott, Keck, Coker.**

For your generosity in **raising over \$2100 so far for the Clark team the Out of the Darkness Walk.** Tomorrow morning we will walk to remember while raising awareness and critical funds to prevent suicide. [Clark Team page](#)

Announcements

Bingo Night is next Friday! Spread the word!

<https://www.facebook.com/events/617561515312101/>

Students who play get 2 free cards extra!

Blood drive is next Wednesday... see attached flyer and get signed up!

Picture retake day is Monday, Oct. 22 from 7:30-12:30 in the KR

Elev8hope is searching for **a student who is familiar with Wordpress to make some changes to our website.** If you have a student who needs hours/intern please email dbonds@irsc.edu for info

From Seacoast Bank (attached flyer) Students can **learn financial responsibility and how to budget** their funds for their financial future. They will be at the Wellness Fair, too!

Clark Wellness and Student Volunteer Fair 2018 is next Thursday from 11-3! Note that the end time has changed to accommodate the organizations participating. However, informational resources will be available that evening at the 6:00 pm PAP meeting.

Confirmed participants so far: House of Hope, Tykes and Teens, Inc, YMCA of the Treasure Coast, IRSC Chastain Academic Support Center, Treasure Coast Hospice, Little Lights Dentistry, Whole Child Connection/Treasure Coast Food Bank, Seacoast Bank, United Way, Red Cross, Florida Oceanographic Society, Molly's House, Humane Society of the Treasure Coast

PSAT will be offered at Clark on Wednesday, October 10th. All 10th graders take the test FREE. The length of the test is about 3 hours and will start at 7:50 that morning. The cost of the test is \$18 for juniors and Ms. Jones will provide you with a study guide when you register. If you would like to sign up for the PSAT, bring the \$18 (cash or check made out to Clark ALC) to Ms. Jones no later than Friday, October 5th and a spot will be reserved for you. If you would like to test but cost is an issue, please see me as waivers are available for those students who qualify for free/reduced lunch. See her email to juniors for details.

Yet another great turnout this week – this time from our amazing group of **Seniors and their parents who attended the Clark Information Night session** with Ms. Jones and Dr. Bonds on Tuesday night! Please remember to provide feedback via the survey Ms. Jones shared with everyone. All students should have received their individualized packets and have access to the PowerPoints that were shared at both Information Nights.

IRSC planetarium in Ft. Pierce is offering **STEAM talks**. See attached flyer for details.

Let's **honor and celebrate our awesome Clark team members each month with the Traveling Clark Cranes** as recognition of them as educational stars! Over the course of the school year, with the support and generosity of our Parent as Partners volunteer group, we will continue to acknowledge Clark Staff, Faculty and Administration who go above and beyond and are seen by YOU, our students and parents, as the educational SUPERstars they are! You may choose to reply to Mrs. Kohuth's September 12 email to submit OR located in the Main Office, we have a green "Vote Here" box into which your nomination or letter of recommendation can be placed as you deem appropriate. More details in that email.

Info for Parents

See attached newsletters for some **tidbits of information helpful for maintaining open communication with our teenagers** – talking about school, money, respectfulness, as well as maintaining clear expectations and encouraging your son/daughter to be involved. Realistic quote: "Success is the sum of small efforts repeated day in and day out," Robert Collier - American author of self-help

Parents as Partners' first gathering of this school year is Thursday, September 20 – join Mrs. Kohuth from 6 p.m. to 7 p.m. in Clark's Knowledge Room for school updates and a chance to meet two of our newest additions to our Faculty and Staff (Mr. Fears and Mts. Maier) as well as having the opportunity to get resources from the Wellness Fair and be part of a valuable presentation by Tykes and Teens. Looking forward to seeing lots of parents on Thursday evening!

National Suicide Prevention Week is wrapping up. Here is some important info from American Foundation for Suicide Prevention.

WARNING SIGNS OF SUICIDE IN CHILDREN AND TEENS

Common warning signs for suicide include:

- Making suicidal statements.
- Being preoccupied with death in conversation, writing, or drawing.
- Giving away belongings.
- Withdrawing from friends and family.
- Having aggressive or hostile behavior.

Other warning signs can include:

- Neglecting personal appearance.

- Running away from home.
- Risk-taking behavior, such as reckless driving or being sexually promiscuous.
- A change in personality (such as from upbeat to quiet).

It is extremely important that you take all threats of suicide seriously and seek immediate treatment for your child or teenager.

<http://www.suicideology.org/about-aas/national-suicide-prevention-week>

<http://www.suicideology.org/home>

<https://suicidepreventionlifeline.org/>

Leslie Judd, LMHC, Ed.S.

Assistant Director

Clark Advanced Learning Center

772.419.5758

“Work to Your Potential, Not Your Quota” –Grant Cardone