

Appreciation and Celebration

Thanks for adopting our classes! The Celentano Family, The Rice Family, and The Lepak Family. More thanks to the Keyes family for **lots of soft tissues for the classrooms and dry erase markers!** You're all awesome and amazing!!!!



Change for Change was a success! Thanks to the students in Interact and Keystone for collecting \$111.62 that will go towards the Clark Out of the Darkness Walk for suicide prevention team.

Clubs and Activities

Students interested in **SPAM robotics team** -- Kickoff Informational Meeting is Sept. 11th at Martin County High School Auditorium at 6:30 pm.

Debate, Interact, Keystone, and UNICEF club members are still selling **Entertainment Coupon books. \$25** check to Clark or cash... see Ms. Judd in the front office if you don't know of a particular student selling. Just make sure to specify which group you want to receive the profit 😊

Blood drive is September 13. Save lives. Age 16 need a parent waiver (available in front office or at front desk). Three service hours for blood donation and free gift! Open to the public.

Art Club begins this Tuesday after school in room 146. All skill levels encouraged to join!

We are still taking volunteers for the **Safe Schools Ambassador** program. Email ljudd@irsc.edu if you would like more information.



NOW RECRUITING FOR FALL 2018 Learn To Row with 3x State Champions
Recruitment Day, Grades 6-12 Labor Day - Mon, Sept 3 7:30 -10:30 am

Fall Practice Schedule High School Team: M, T, R, F 3:45 - 6:45 pm, Sat 7:30 - 10:30 am
To register visit www.treasurecoastrowingclub.com Questions please email
tcyouthrowing@gmail.com

General News to Know

Picture day for students in grades 11 and 12 will be held on Tuesday, September 11th. Pictures will be taken between 7:50 a.m. and 2:20 p.m. in the Knowledge Room. Picture order packets are available now from all Clark teachers and at the front desk. Pictures must be pre-paid if you want them! All students with a class on the Clark campus are scheduled to take a picture with their classes. Students who do not have classes on campus, please be sure to come by to have a picture taken between 7:50 a.m. and 2:20 p.m. on the 11th.

Free and Reduced lunch applications <http://www.lunchapplication.com> Don't forget, even if you don't eat lunch, but you qualify, you can get a limited number of SAT/ACT/college application fee waivers from Ms. Jones, so if you think you qualify, please apply!

LunchApplication.com

www.lunchapplication.com

LunchApplication.com is an easy, secure, and convenient way to apply for free or reduced lunch.

Many backordered **books and codes** are in. See Mrs. Schubart at the front desk or in the front office to pick them up. POS1041, MGF2106/MGF2107 are still unavailable, however. The codes for MGF2106/07 have been extended another 28 days.

For nearly 6 years, Treatment Management Behavioral Health has been serving Martin County helping those with the disease of addiction. If you or a loved one is struggling, we can help.



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Articles of Interest for Parents

Treating Teen Depression Might Improve Mental Health Of Parents, Too

<https://www.npr.org/2018/08/12/637886786/treating-teen-depression-might-improve-mental-health-of-parents-too>



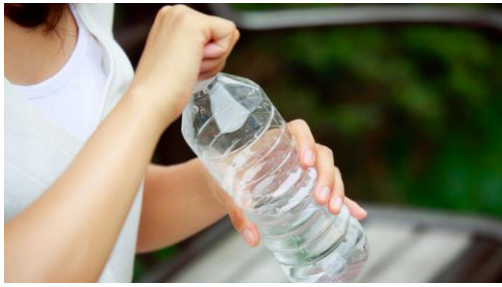
Treating Teen Depression Might Improve Mental Health Of ...

www.npr.org

Treating Teen Depression Might Improve Mental Health Of Parents, Too Evidence shows there's a link between depressed parents and their offspring. But a new study suggests that when teens benefit from treatment for their depression, there's a ripple effect on parents.

Off Your Mental Game? You Could Be Mildly Dehydrated

<https://www.npr.org/sections/health-shots/2018/07/30/632480321/off-your-mental-game-you-could-be-mildly-dehydrated>



Mental Performance Can Be Hurt By Even Mild Dehydration

...

www.npr.org

Dehydration has long been known to slow physical performance. Now there's evidence that too little water can hurt cognitive performance, too, making complex thinking tasks harder.

Respectfully,

Leslie Judd, LMHC, Ed.S.
Assistant Director
Clark Advanced Learning Center

“One child, one teacher, one book, one pen can change the world.” -- Malala Yousafzai